**Life Satisfaction Scale for Youth**

Client ID#: \_\_\_\_\_\_\_\_\_ Clinician: \_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Begin Time:** \_\_\_\_\_\_\_\_\_ am / pm

***Instructions:*** For each area below, circle the number that represents how happy you are with these areas of your life. A 100% means that you are completely happy, and 0% means that you are completely unhappy. Higher numbers mean that you are happier.

|  |  |
| --- | --- |
| Area | ☹ Unhappy 😐 Happy ☺ |
| 1. Friendships | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Family | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. School | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Employment (work) | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Things I do for fun | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. My appearance | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Sex life / Dating | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Use of drugs | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Use of alcohol | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Money & material possessions | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Availability of transportation | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Amount of control you have over what happens in your life | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |
| 1. Overall life satisfaction | ☹ Unhappy 0% 10 20 30 40 50 60 70 80 90 100% Happy ☺ |

**End Time:** \_\_\_\_\_\_\_\_\_ am / pm