## ADULT FBT TRAINER PROTOCOL CHECKLIST

| Trainer:            | Training Session #:                | Session Date://                  |
|---------------------|------------------------------------|----------------------------------|
| Materials Requir    | ed:                                |                                  |
| -                   | ocol Checklist                     |                                  |
|                     |                                    |                                  |
| Begin Time:         | am / pm                            |                                  |
| Present Slides (FB) | Γ Trainer)                         |                                  |
| a. Review Wo        | orkshop Agenda (p. 1)              |                                  |
| b. Introduce S      | Self (p. 1)                        |                                  |
| c. Solicit part     | icipant introductions (p. 1)       |                                  |
| d. Introduce F      | FBT (pp. 2-5)                      |                                  |
|                     |                                    | ement Checklist Slides (pp. 5-9) |
|                     |                                    | and Acknowledgement Checklist    |
|                     |                                    | m and Acknowledgement Checklist  |
|                     | tial Engagement Protocol Slides    |                                  |
|                     | a. Model Initial Engagement        |                                  |
|                     | b. Role-play Initial Engagem       | ent Protocol                     |
| g. Review Sea       | ssion Agenda Slides (pp. 13-16)    |                                  |
| •                   | a. Model Session Agenda            |                                  |
|                     | b. Role-play Session Agenda        | ı                                |
|                     | eatment Planning Slides (pp. 17-   |                                  |
|                     | a. Model Treatment Planning        |                                  |
|                     | b. Role-play Treatment Plani       |                                  |
|                     | havioral Goals Slides (pp. 20-30)  |                                  |
| <del></del>         | a. Model Behavioral Goals          | ,                                |
|                     | b. Role-play Behavioral Goa        | ls                               |
| i. Review Re        | lationship Enhancement Slides (1   |                                  |
|                     | a. Model Relationship Enhar        |                                  |
|                     | b. Role-play Relationship En       |                                  |
|                     | sitive Request Slides (pp. 38-44)  |                                  |
|                     | a. Model Positive Request          |                                  |
|                     | b. Role-play Positive Reques       | st                               |
|                     | vironmental Control Slides (pp. 4  |                                  |
| <del></del>         | a. Model Environmental Cor         |                                  |
|                     | b. Role-play Environmental (       |                                  |
| m. Review Se        | elf Control Slides (p. 56-63)      |                                  |
|                     | a. Model Self Control              |                                  |
|                     | b. Role-play Self Control          |                                  |
| n. Review Jo        | bb-Getting Skills Training Slides  | (p. 64-69)                       |
|                     | a. Model Job-Getting Skills        |                                  |
|                     | b. Role-play Job-Getting Ski       |                                  |
|                     | nancial Management Slides (pp. 7   | •                                |
|                     | a. Model Financial Managen         |                                  |
|                     | b. Role-play Financial Mana        |                                  |
| p. Review Tre       | eatment Integrity Slides (pp. 77-7 |                                  |
|                     |                                    |                                  |
|                     |                                    | ER PROTOCOL CHECKLIST            |

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| a. Model Treatment Integrity  |
|---|
| b. Role-play Treatment Integrity  |
| q. Go over Conclusion Slides (p. 79)  |
| r. Remind to complete FBT Quiz  |
| s. Any additional concluding remarks (optional)   |
| Duggant Clides (Internal Trainer/Symonyisen)  |
| Present Slides (Internal Trainer/Supervisor)  |
| a. Review Workshop Agenda (p. 1)  |
| b. Introduce Self (p. 1)  |
| c. Solicit participant introductions (p. 1)   |
| d. Introduce FBT (pp. 2-5)  |
| e. Review SO Contact Form and Acknowledgement Checklist Slides (pp. 5-9)                    |
| a. Model SO Contact Form and Acknowledgement Checklist                                      |
| b. Role-play SO Contact Form and Acknowledgement Checklist                                  |
| f. Review Initial Engagement Protocol Slides (pp. 10-12)                                    |
| a. Model Initial Engagement Protocol  |
| b. Role-play Initial Engagement Protocol  |
| g. Review Session Agenda Slides (pp. 13-16)   |
| a. Model Session Agenda   |
| b. Role-play Session Agenda   |
| h. Review Treatment Planning Slides (pp. 17-19)   |
| a. Model Treatment Planning   |
| b. Role-play Treatment Planning   |
| i. Review Behavioral Goals Slides (pp. 20-30)   |
| a. Model Behavioral Goals   |
| b. Role-play Behavioral Goals   |
| j. Review Relationship Enhancement Slides (pp. 31-37)                                       |
| a. Model Relationship Enhancement   |
| b. Role-play Relationship Enhancement   |
| k. Review Positive Request Slides (pp. 38-44)   |
| a. Model Positive Request   |
| b. Role-play Positive Request   |
| l. Review Environmental Control Slides (pp. 45-55)  |
| a. Model Environmental Control  |
| b. Role-play Environmental Control  |
| m. Review Self Control Slides (p. 56-63)  |
| a. Model Self Control   |
| b. Role-play Self Control   |
| n. Review Job-Getting Skills Training Slides (p. 64-69)a. Model Job-Getting Skills Training |
|   |
| b. Role-play Job-Getting Skills Training  |
| o. Review Financial Management Slides (pp. 70-76)a. Model Financial Management              |
| a. Model Financial Management   |
| p. Review Treatment Integrity Slides (pp. 77-78)  |
|   |
| a. Model Treatment Integrity  |
| b. Role-play Treatment Integrity  |
| q. Go over Conclusion Slides (p. 79)r. Remind to complete FBT Quiz                          |
| s. Any additional concluding remarks (optional)   |
| s. Any additional concluding lemarks (optional)   |
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